



Department  
of Health

*Fulfilling and rewarding lives: The strategy for adults with  
autism in England and statutory guidance*

## **Shropshire Council**

(September 2011)

**Essential Quality Outcomes for Local Self-assessment  
Framework**

## Local self-assessment for adults with autism

This is a framework to help support Local Authorities and NHS organisations and their partners to implement the statutory guidance 'Implementing *'Fulfilling and rewarding lives'* in their localities. The self-assessment is primarily for commissioners as a template to begin their planning to respond to the statutory guidance. It is not intended to be used by people with autism or their carers, but it is expected that they would be part of any local self-assessment planning processes. In addition to this, it is important to be aware of the consultation currently taking place on the future of the NHS following the NHS White Paper. In order to prepare for these changes it will be important for localities to bear in mind the changes planned and engage with:

- people with autism and their carers
- GPs and GP consortia as they develop
- NHS providers
- Social care providers: independent and voluntary sector and social enterprises

The focus of implementation will be at local level. DH Deputy Regional Directors (DRDs) will work with a range of regional and local partners, including Association of Directors of Social Services, the Strategic Health Authority and wider NHS and social care sector to develop a Regional Action Plan. This plan will help to facilitate peer support and sharing of good practice to speed up implementation of the National Autism Strategy. Local leads are asked to identify any areas of good practice that can be shared or where peer support or collaborative approaches at a sub-national level could support local implementation. Some regional

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partnerships may also have capacity to put in place additional mechanisms to collate information from the local self-assessments.

<u>Quality Outcome 1</u>					
	Adults with autism achieve better health outcomes.	How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome	Red <input type="checkbox"/>	Amber <input type="checkbox"/>	Green <input type="checkbox"/>
(1) Key Outcomes Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?		(5) One thing we want to be better in 12 months (Key priority)
Under the proposed NHS outcomes framework NHS bodies will need to gather a range of information including data on health inequalities, morbidity rates and recovery from ill-health/injury.  Has your area considered including adults with autism?	Joint Needs Assessment in Shropshire includes Adults with Autism	Improvement in the analysis of transition data to inform commissioning	R	A ✓	G
Have you in place or do you plan to develop a commissioning plan around services for adults with autism?	There is a clear agreement between MH, LD and PC in Shropshire about the roles and responsibilities	Joint working between Health and Social Care, SSSFT and GP clinical groups in line with commissioning intentions		✓	More informed commissioning plan



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<p>Are your LAs and NHS commissioners of long-term conditions reviewing adjustments to service delivery?</p>	<p>Supporting People services are currently being recommissioned. As part of the recommissioning of generic floating support we have specified a minimum percentage of customers with learning difficulties, autism and Aspergers. This will ensure that people with these needs who are not FACS-eligible will receive housing support</p>	<p>This will be required in contract monitoring processes and provider monitoring</p>	<p>✓</p>	<p>To ensure reviewing adjustments are included in all contracts</p>
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### Quality Outcome 2

	<p><b>Adults with autism are included and economically active.</b></p>	<p>How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome</p>	<p><b>Red</b></p> <input data-bbox="715 1608 826 1720" type="checkbox"/>	<p><b>Amber</b></p> <input data-bbox="721 1836 826 1948" type="checkbox"/>	<p><b>Green</b></p> <input data-bbox="718 2049 826 2161" type="checkbox"/>	
<p>(1) <b>Key Outcomes</b> <b>Assessing progress in your local area</b></p>	<p>(2) <b>Good things happening</b> <b>State evidence</b></p>	<p>(3) <b>Where do things need to get better?</b> <b>What are the gaps?</b></p>	<p>(4) <b>How do we score?</b></p>			<p>(5) <b>One thing we want to be better in 12 months (Key priority)</b></p>
<p>Is demand for your care services changing? Are you planning to map usage of services?</p>	<p>Set up of the Shropshire Disability Website which will sign post opportunities for people with Autism</p>	<p>Need to map the numbers and usage of services</p>	<p><b>R</b></p>	<p><b>A</b></p>	<p><b>G</b></p>	
<p>Are you engaging with local employers to examine and increase employment levels for adults with autism?</p>	<p>Set up of Working4Me membership organisation for both work and voluntary services. Supply supported employment programmes</p>	<p>To expand and assist young people to access supported work placements</p>	<p>✓</p>	<p>✓</p>		
					<p>To engage with people with Autism in a review process</p>	
					<p>To engage with local employers</p>	

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Have you mapped the local employment services that support adults with autism e.g. voluntary organisations, employment services funded by Local authority or DWP?	This is part of the function for Enable. Shropshire Councils Supported Employment Service	Further work is required to collate information held by different agencies	√	Identify lead for mapping exercise
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## Quality Outcome 2

<b>Adults with autism are included and economically active.</b>	<b>How we are doing overall on this outcome</b> Please click in a box where you think you are overall on this key outcome	<b>Red</b> <input type="checkbox"/>	<b>Amber</b> <input type="checkbox"/>	<b>Green</b> <input type="checkbox"/>	
<b>Key Outcomes</b> <b>Assessing progress in your local area</b>	<b>(1)</b> Are you engaging with local employers to examine and increase employment levels for adults with autism?	<b>(2)</b> <b>Good things happening</b> State evidence  This is part of the role of Enable Shropshire Council's Supported Employment Service  Pathways offers voluntary work placements for people with Aspergers and Autism and work with local employers  As part of the Regional Supported Employment Programme Working 4 Me	<b>(3)</b> <b>Where do things need to get better?</b> What are the gaps?  Communication with Local Employers  Need to provide meaningful information to employers	<b>(4)</b> <b>How do we score?</b>  <b>R</b> <b>A</b> <b>G</b>  √	<b>(5)</b> <b>One thing we want to be better in 12 months</b> <b>(Keyoffers work and voluntary priority)</b>  Shropshire need to continue to develop a work programme

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	<p>has been set up. This is a membership organisation which is web based and offers work and voluntary placements</p> <p>Wave Length – a new not for profit social marketing company works with employers organisations and the wider community to consider employment practice and policy management. They provide recruitment and support for people with Autism</p>			<p>To work to enhance the local employment services</p>
<p>Have you identified local employment services that support adults with autism, including Work Programme and Work Choice providers, Remploy and council-funded services?</p>	<p>Work Choice (sub contracted by Shaw Trust to Shropshire Council) is the governments specialist disability employment programme and this supports a number of people with autism / aspergers into work in Shropshire.</p> <p>Enable supported employment service works with people with severe learning disabilities and severe mental health conditions. A number of referrals have aspergers syndrome alongside their mental health or learning disability conditions. And can therefore access Enable's services.</p>	<p>Work Choice only supports people into paid work of 16 hours or more. It is a relatively short term intervention.</p> <p>It is apparent that there is an unmet demand for people who need longer term support into paid work and the stepping stones towards that. It is not clear, however, that this demand will be met by personal budgets and there is a need for an individually supported employment route, especially for people with Aspergers.</p> <p>This used to be partly met by autism westmidlands who operated from Enable's offices but this has now stopped.</p>	<p>✓</p>	
<p>Are local supported employment services familiar with the draft standards for supported employment?</p> <p>Do transition processes to adult services have an employment focus?</p>	<p>Work Choice is the only specialist disability service that supports people with autism into paid employment in Shropshire alongside the new Work Programme (also delivered as a subcontract by Shropshire Council.</p> <p>Shropshire Multi-Agency Transition Protocol looks at school/college options</p>	<p>There is a gap in the lack of a slower paced service aiming at those people with more severe aspergers / autism who will nevertheless achieve paid work with the right kind of support.</p>	<p>✓</p>	<p>Shropshire to work with the supported services on the standard for supported employment</p>



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	leading to work/training and independent living				
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## Quality Outcome 3

<p><b>Adults with autism are living in accommodation that meets their needs.</b></p> <p>How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome</p>		<p><b>Red</b></p> <input style="width: 50px; height: 30px; border: 2px solid red;" type="checkbox"/>	<p><b>Amber</b></p> <input style="width: 50px; height: 30px; border: 2px solid orange;" type="checkbox"/>	<p><b>Green</b></p> <input style="width: 50px; height: 30px; border: 2px solid green;" type="checkbox"/>						
<p><b>(1)</b> Key Outcomes Assessing progress in your local area</p> <p>Are you seeking/surveying the views and experiences of people with autism to see if accommodation is suitable?</p> <p>Is your local housing strategy addressing the short and long-term requirement of adults with autism? Are people with autism involved in this?</p> <p>Does your commissioning plan cover</p>	<p><b>(2)</b> Good things happening State the evidence</p> <p>Supporting People has been working with a steering group consisting of a housing provider, commissioners, autism carers and autism advocates in the early stages of planning a supported housing service. The Supporting People commissioning framework recognises the need for a housing support solution. See above for information on the steering group.</p> <p>The steering group will determine the</p>	<p><b>(3)</b> Where do things need to get better? What are the gaps?</p> <p>Need to capture the people with autism who are housed in unsuitable accommodation.  A sharing of expertise by all involved is required to ensure that this is a specialist approach</p> <p>Service developments need to be funded</p>	<p><b>(4)</b> How do we score?</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td style="width: 25%;"><b>R</b></td> <td style="width: 25%;"><b>A</b></td> <td style="width: 25%;"><b>G</b></td> </tr> <tr> <td></td> <td>✓</td> <td>✓</td> </tr> </table>	<b>R</b>	<b>A</b>	<b>G</b>		✓	✓	<p><b>(5)</b> One thing we want to be better in 12 months (Key priority)</p> <p>Improved working with the housing and support teams  To strengthen links with Carer and Self Help Groups in Shropshire  Develop awareness training</p>
<b>R</b>	<b>A</b>	<b>G</b>								
	✓	✓								

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the roles of the community, voluntary and independent sector in delivering support services, including help with accommodation?	relative roles of the community, voluntary and independent sectors in delivering housing support services. Current planning is for a high level of user involvement in service delivery.	from existing budgets	✓	to ensure voluntary and independent organisations have the right specialist skills/knowledge to deliver appropriate accommodation
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## Quality Outcome 4

	<b>Adults with autism are benefiting from the personalisation agenda in health and social care, and can access personal budgets.</b>	How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome	<b>Red</b> <input type="checkbox"/>	<b>Amber</b> <input type="checkbox"/>	<b>Green</b> <input type="checkbox"/>
<b>(1)</b> <b>Key Outcomes</b> <b>Assessing progress in your local area</b>	<b>(2)</b> <b>Good things happening</b> <b>State the evidence</b>	<b>(3)</b> <b>Where do things need to get better?</b> <b>What are the gaps?</b>	<b>(4)</b> <b>How do we score?</b>	<b>(5)</b> <b>One thing we want to be better in 12 months (Key priority)</b>	
Do you know how many people with autism there are in your area?	Shropshire's JSNA shows 1746 people aged 18-64 years old projected to have autistic spectrum disorder in 2010 Data collected for young people in Transition	Some people with ASC who need services fall through gaps created by traditional service boundaries, usually between Mental Health and Learning Disability services. People with ASC can also have an accompanying Mental Health or Learning Disability. Need to share service specifications Need to link more closely with the lead	R ✓ A G	To improve data recording for people with autism through Self Directed Support	
Do you know how many adults are	This data is collected under the				



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in receipt of a personal budget?	classification of Autism by the Data and Recording System for the LA	officer for SDS and Personal Budgets			
Are all assessments conducted in line with processes and principles adopted in the development of Working to Put People First: The Strategy for the Adult Social Care Workforce (England)	Self Directed Support was implemented in Shropshire for everyone who approaches Adult Social Care from June 2010. The processes and principles used are those of Working to Put People First: The Strategy for the Adult Social Care Workforce.	We continue to simplify and streamline our processes to enable us to be able to provide a more responsive and user focussed service.	√		To continue to work with service users to improve outcomes
Are you offering appropriate support following screening?					

<b><u>Quality Outcome 5</u></b>					
	<b>Adults with autism are no longer managed inappropriately in the criminal justice system.</b>	How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome	<b>Red</b> <input style="border: 2px solid red;" type="checkbox"/>	<b>Amber</b> <input type="checkbox"/>	<b>Green</b> <input type="checkbox"/>
<b>(1)</b> Key Outcomes Assessing progress in your local area	<b>(2)</b> Good things happening State the evidence	<b>(3)</b> Where do things need to get better?  What are the gaps?	<b>(4)</b> How do we score?	<b>(5)</b> One thing we want to be better in 12 months (Key priority)	

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<p>Are you engaging the criminal justice system as a key partner in your planning for adults with autism?</p>	<p>Shropshire PCT have responsibility for commissioning and health care services at prisons in Shropshire</p> <p>A Place of Safety is now available on the Shelton Hospital site</p> <p>Strategy in place for Appropriate Adult Procedure</p>	<p>Shropshire need to build on the working relationship with the criminal justice system</p> <p>There is a Prison Partnership Board which will need to develop links with the Learning Disability Partnership Board and the Mental Health LIT to support adults with ASC in the criminal justice system</p>	<p><b>R</b></p>	<p><b>A</b></p>	<p><b>G</b></p>	<p>Develop awareness training for prison and prison healthcare staff in ASC</p>
<p>Have you considered joint planning for community based interventions?</p>	<p>Shropshire have worked with the Police and Taking Part a Citizen Advocacy Group, in particular on the issue of hate crime and reducing stigma</p>	<p>The number of prisoners with ASC is unknown</p>	<p>✓</p>			<p>Through work with the partnership Board develop a recording mechanism to monitor the number of people with ASC in prison</p>

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<b>Quality Outcome 6</b>						
<b>Adults with autism, their families and carers are satisfied with local services.</b>		<b>How we are doing overall on this outcome</b> Please click in a box where you think you are overall on this key outcome		<b>Red</b> <input type="checkbox"/>	<b>Amber</b> <input type="checkbox"/>	<b>Green</b> <input type="checkbox"/>
<b>(1)</b> Key Outcomes Assessing progress in your local area	<b>(2)</b> Good things happening State the evidence	<b>(3)</b> Where do things need to get better? What are the gaps?	<b>(4)</b> How do we score?	<b>(5)</b> One thing we want to be better in 12 months (Key priority)		
Do you routinely conduct satisfaction surveys which you feed into your commissioning plans?	Open Door Survey conducted in Learning Disability Day Opportunities Service. Which is facilitated by an Advocacy Service Taking Part and includes people with ASC and family carers In Shropshire, the learning Disability Partnership Board have been involved in responding to the National consultation document and gathering representative views of stakeholders through the Executive and Area Partnership Boards and the relevant sub groups of Health, Housing Carers, and Getting a Life. The Mental Health LIT have also been involved to ensure the cross over with this area of commissioning are considered.	Need to involve carers and people with ASC/Aspergers through STACS ( Shropshire and Telford Aspergers Carers Support) and Autonomy ( a self help and social group)	<b>R</b> <b>A</b> ✓	<b>G</b>	To develop a survey with the Carer and Self Help groups	



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## Quality Outcome 7

	<p><b>Adults with autism are involved in service planning.</b></p>	<p>How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome</p>	<p><b>Red</b></p> <input data-bbox="730 1599 842 1711" type="checkbox"/>	<p><b>Amber</b></p> <input data-bbox="735 1830 842 1942" type="checkbox"/>	<p><b>Green</b></p> <input data-bbox="735 2042 842 2154" type="checkbox"/>
<p>(1) <b>Key Outcomes</b> Assessing progress in your local area</p> <p>Have you established strategic planning mechanisms for involving people with autism and their carers?</p>	<p>(2) <b>Good things happening</b> State the evidence</p> <p>Mutual Caring Project with the Community Council of Shropshire. Carers Assessments completed Family Carers on Partnership Boards Adult Carers on the Autism Partnership Board Identification of Lead Person in Shropshire for Autism to attend STAC</p>	<p>(3) <b>Where do things need to get better?</b> What are the gaps?</p> <p>Need to improve awareness amongst family carers of the network and support group available to them and ensure that they are signposted to these services</p>	<p>(4) <b>How do we score?</b></p> <p><b>R</b> ✓</p> <p><b>A</b></p> <p><b>G</b></p>	<p>(5) <b>One thing we want to be better in 12 months (Key priority)</b></p> <p>To include Carer and person with Autism on the local Partnership Boards</p>	

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Meetings					
Have you held any consultation events in your area?	Consultation on the Draft strategy with Carers and Self Help Group	Further events to be arranged	√		Lead person to develop and engage with carers and service users
Are you able to provide advocates to work with adults with autism?	Taking Part a Self Advocacy Service and OSCA a Citizen Advocacy Service both support people with ASC in Shropshire OSCA has a specialist ASC advocate Also advocates from Autonomy a self help group which covers Shropshire and Telford	No specific funding available		√	Lead Person to engage with advocacy Services

### Service Ambition 1

Local authorities and partners know how many adults with autism live in the area.	How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome	Red <input type="checkbox"/>	Amber <input type="checkbox"/>	Green <input type="checkbox"/>
(1) Assessing progress in your local	(2) Good things happening	(3) Where do things need to	(4) How do we	(5) One thing we want to be

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area	State evidence	get better? What are the gaps?	score?			better in 12 months (Key priority)
Does you JSNA mention adults with autism? Have you plans to collect and collate relevant data about adults with autism.	2009 JSNA includes Autism Data and Reporting System about Adults with Autism JSNA in the process of being updated	Making use of information provided about demand unmet needs and resources	R	A √	G	JSNA update to be completed
Is your LA following the Special Education Needs (SEN) statutory guidance around transition planning in relation to their social services responsibilities for children and young people?  Are numbers identified?	The LA has identified the children & young people who list autistic traits & diagnosis in their SEN statements. (Marion Versluis, Commissioner for SC, 01743 256281)	There are other children and young people with autistic traits / diagnosis who do not have a SEN statement. No numbers provided.		√		Development of information and resource material
Is your LA considering allocating responsibility to a named joint commissioner/senior manager of community care services for adults with autism in the area?	Lead Officer appointed by LA September 2011 to report to Service Manager Development Support and Joint Commissioner in Shropshire	Improved links with GP's Clinical Commissioning Groups and Health and Well Being Boards		√		To establish links to the GP's Clinical Commissioning Groups and Health and Well Being Boards



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### Service Ambition 2

A clear and trusted diagnostic pathway is available locally.		How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome		Red <input type="checkbox"/>	Amber <input type="checkbox"/>	Green <input type="checkbox"/>
(1) <b>Assessing progress in your local area</b> Have you a clear pathway developed locally? Have you surveyed staff, adults with autism, professionals to monitor its impact? Has the local area (L.A. LSP) appointed a lead professional who can map out current services against best practice? Following diagnosis does the pathway include the healthcare professional informing the adult diagnosed that under the NHS Community Care Act 1990 LAs have a duty to carry out an assessment? Is the LA notified promptly by the provider/healthcare provider (when an adult is diagnosed with autism)?	(2) <b>Good things happening State evidence</b> Currently there is no defined diagnostic pathway in Shropshire once the individual reaches 16 or leaves school There is a non commissioned Diagnostic Service across Shropshire and Telford and Wrekin through SSSFT This would be the Lead Officer for the LA and the Commissioner in Shropshire	(3) <b>Where do things need to get better? What are the gaps?</b> Continuation of development of pathway working with partners across Staffordshire, Stoke, Shropshire and Telford and Wrekin	(4) <b>How do we score?</b> R A G ✓	(5) <b>One thing we want to be better in 12 months (Key priority)</b> To formulate a diagnostic pathway that is available and accessible to those who need or request it To provide access to expertise for individuals, carers and professionals across services To formulate a diagnostic pathway		
	Work still in progress around the Pathway	To establish clear protocols to identify the referral pathway	✓			

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## Service Ambition 3

<p>Health and social care staff make reasonable adjustments to services to meet the needs of adults with autism.</p>	<p>How we are doing overall on this outcome Please click in a box where you think you are overall on this key outcome</p>	<p>How do we Red <input type="checkbox"/></p>	<p>Amber <input type="checkbox"/></p>	<p>Green <input type="checkbox"/></p>
<p>(1) Key Outcomes Assessing progress in your local area</p>	<p>(2) Good things happening State evidence</p>	<p>(3) Where do things need to get better? What are the gaps?</p>	<p>(4) How do we score? R A G</p>	<p>(5) One thing we want to be better in 12 months (Key priority)</p>
<p>Are staff who carry out assessments receiving training on how to make adjustment in their behaviour and communication?</p>	<p>Joint Training for Adult Community &amp; Health Services has provided:</p> <ul style="list-style-type: none"> <li>Autism Awareness training days for Adult Learning Disability ALD staff at all levels and family carers. Facilitated by specialist trainer BILD endorsed. Insight, strategies and communication.</li> <li>Aspergers Syndrome training days for Adult Mental Health AMH &amp; ALD staff. Facilitated by specialist trainers, experts by experience and family carer. Insight and practical strategies.</li> </ul> <p>Total attendance April 2010 – Aug 2011</p>	<p>Keeping this on the agenda:</p> <ul style="list-style-type: none"> <li>Updates</li> <li>Identification of most appropriate associated training</li> <li>Operational services prioritising training in this area and identifying refresher requirements for their staff teams</li> </ul> <p>C Scott, Joint Training</p>	<p>R A G</p> <p>✓</p>	<p>Identification of requirements for refresher training re Autism Strategy and Essential standards of quality &amp; safety. Through feedback and direction from operational services.</p> <p>Partnership development (SaTH &amp; Joint Training) of tools to support learner's knowledge of learning disability. This will support an improved patient experience for the person</p>



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<p>Have you considered what autism awareness training is made available to all staff working in health and social care and how training can be prioritised?</p>	<p><b>AUTISM = 73</b>  <b>ASPERGERS = 97</b>          Note – Joint Training is available to health and social care assessors and providers (statutory and independent sector), volunteers, service users and family carers.          C Scott, Joint Training</p> <p>Joint Training for Adult Community &amp; Health Services - developing a generic half day Autism Awareness session which will be co-facilitated by service user expert by experience (available 2012). This will compliment the Learning Disability Awareness training has been developed and made available this year. This is also co-facilitated by service users with a learning disability. The co-facilitators have been developed to accomplish this role by the Joint Training Development Officer ALD.          Total attendance to April 2010 - August 2011:  <b>LEARNING DISABILITY AWARENESS = 92</b>          C Scott, Joint Training.</p>	<p>Half day Autism Awareness to address the needs of the generic audience in relation to the Autism Strategy and active community participation. Recognising the demands on staff time.          Will be referenced to the specific knowledge areas as identified in the Qualification Credit Framework for Diplomas in Care &amp; Health. Unit Introductory awareness of the Autistic Spectrum Conditions. Skills for Care LD 210.          C Scott, Joint Training</p>	<p>with learning disability with health requirements.          C Scott, Joint Training</p>
<p>Have you plans to survey staff, service users and carers on different aspects of the service?          Do you include autism within key procedures?</p>	<p>Autism training given by people with Autism through Autonomy Involvement of service users and carers in the planning of Autism planning</p>	<p>General Satisfaction Surveys</p>	<p>Development of a questionnaire to ascertain satisfaction by service users and carers</p>

*Training for Police, GPs etc.*

*End by Sept = 2009. -Delivering Plan*

*Check this in  
 Improve DefH.*



## **Local self-assessment for adults with autism**

**Are there any of the ten outcomes where you feel you are performing well?**

Involvement in the Staffordshire, Stoke on Trent, Shropshire and Telford and Wrekin Adult Autism Board  
Draft Autism strategy for Shropshire written  
Work on Housing and Accommodation with Supported People and Bromford Housing

**Are there any areas of good practice you could share with other localities?**

Supporting People has been working with a steering group consisting of a housing provider, commissioners, autism carers and autism advocates in the early stages of planning a supported housing service

The Department of Health published

Services for adults with autistic spectrum conditions (ASC): Good practice advice for primary care trust and local authority commissioners

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